

WEEKLY BULLETIN

Sterling Public Schools



September 22-29, 2018

Saturday September 22 Freeman JH/JV VB Tournament - Bus leaves @ 8:45AM *schedule on back

Monday September 24
Breakfast: Scrambled Eggs, WG Toast OR WG Cereal/WG Toast, Fruit/Juice, Milk
Lunch: Chicken Patty on WG Bun, Mashed Potatoes w/ Gravy, Green Beans, Peaches
Sterling JV VB Triangular (JCC/Pawnee City) - HOME - 5:30PM/7:30PM
JV FB @ Diller-Odell - 6PM (8 man) - Bus leaves @ 3:30PM
VOLLEYBALL PRACTICE TBA

Tuesday September 25
Breakfast: Toaster Pastry OR WG Cereal/WG Muffin, Fruit/Juice, Milk
Lunch: Mini Corn Dogs, Corn, Baked Beans, Applesauce
ASVAB Testing - Grades Juniors - 9AM-12PM
Joseph's College of Beauty Rep - 9AM
VB vs. Dorchester - HOME - 6PM (JV,V)
FOOTBALL PRACTICE 4-6PM

Wednesday September 26
Breakfast: WG Pancake & Sausage on a stick OR WG Cereal/WG Toast, Fruit/Juice, Milk
Lunch: WG Spaghetti, WG Garlic Bread, Romaine Lettuce Salad, Pears
RSH - 7th period
Explore It Career Fair @ Auburn - 9AM-2PM - Bus leaves @ 7:50AM
FOOTBALL PRACTICE 4-6PM
VOLLEYBALL PRACTICE 4-6PM
4th - 6th Grade Volleyball Practice: 7-8:30PM

Thursday September 27
Breakfast: WG Cereal, WG Toast, Fruit/Juice, Milk
Lunch: Hamburger on WG Bun, FF and/or Swt. FF, Tomatoes, Pineapple Tidbits
RSH - 6th period
JH FB @ Lewiston - 2PM - Bus leaves @ 12:15PM
FOOTBALL PRACTICE 4-6PM
VOLLEYBALL PRACTICE 4-6PM
School Board Meeting Interviews - 7PM

Friday September 28
Breakfast: Breakfast Bar OR WG Cereal/WG Muffin, Fruit/Juice, Milk
Lunch: WG Stuffed Breadsticks w/ Marinara Sauce, California Blend, Mandarin Oranges
RSH - 5th period
SkillsUSA Fall Leadership Conference @ Hastings - Vans leave @ 6:15AM
FOOTBALL PRACTICE 4-6PM (FB Bye Week)
VOLLEYBALL PRACTICE 4-6PM

Saturday September 29 Fort Calhoun VB Tournament - Bus leaves @ TBA *schedule will be posted later

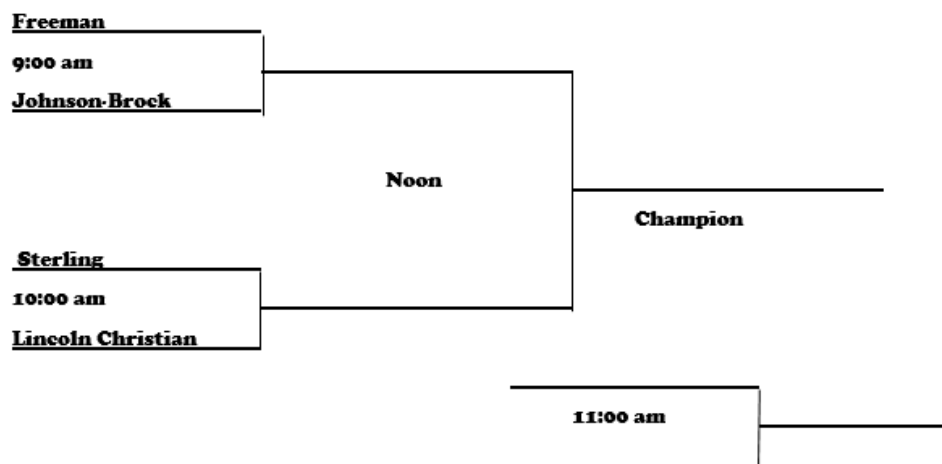
* USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MORE INFO ON BACK →

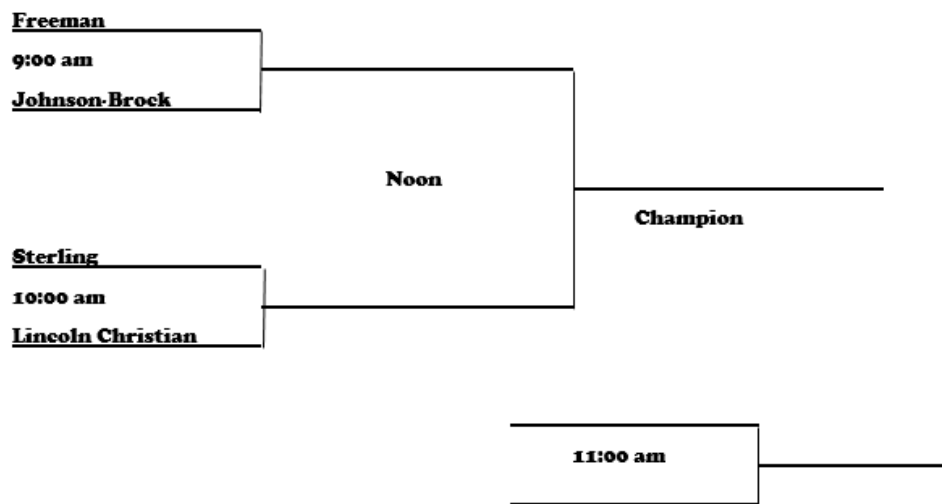
Freeman High School Spirit Club Volleyball Tournament

Saturday, September 22, 2018

JV North Gym



JH South Gym



Extended Junior High Practices 3 - 4:30PM

9/25 9/28

10/2

10/5

10/11 (volleyball only)

**Girls will be ready to
be picked up at
4:30PM**

**Boys will be ready to
be picked up at
4:45PM**

☞ Stay up to date with all things JET related by going to the school website: www.sterlingjets.org, our Facebook page, and for sports scores, follow us on Twitter: [@spsjetpride!!!](https://twitter.com/spsjetpride)